## Literacy Activities

### Ages 7 - 9

#### Adjectives and Comprehension

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Day 1

An adjective is a word that describes a noun. Look at each picture. Write 2 adjectives to describe the noun in the picture.

**Picture 1:**
- Adjective 1: ________________
- Adjective 2: ________________

**Picture 2:**
- Adjective 1: ________________
- Adjective 2: ________________

**Picture 3:**
- Adjective 1: ________________
- Adjective 2: ________________

**Picture 4:**
- Adjective 1: ________________
- Adjective 2: ________________

**Picture 5:**
- Adjective 1: ________________
- Adjective 2: ________________

**Picture 6:**
- Adjective 1: ________________
- Adjective 2: ________________
<table>
<thead>
<tr>
<th>Adjective 1: stinky</th>
<th>Adjective 1: long</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adjective 2: red</td>
<td>Adjective 2: skinny</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Adjective 1: happy</th>
<th>Adjective 1: rainy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adjective 2: tall</td>
<td>Adjective 2: cloudy</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Adjective 1: loud</th>
<th>Adjective 1: big</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adjective 2: rectangular</td>
<td>Adjective 2: round</td>
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</tbody>
</table>
Day 2

Read each sentence. Then, circle the adjective that completes the sentence.

1. The ____________ boy is turning 13.
   a. young
   b. old

2. My bike has ____________ wheels.
   a. two
   b. ten

3. The ____________ girl is shorter than the tall grass.
   a. big
   b. small

4. We are going to have the ____________ cake for dessert.
   a. delicious
   b. happy

5. The ____________ boy cries.
   a. happy
   b. sad

6. The ____________ frog blends into the grass.
   a. red
   b. green

7. The ____________ textbooks are hard to carry.
   a. heavy
   b. tiny

8. The smell of the ____________ popcorn reached my nose.
   a. salty
   b. fuzzy
Day 2 (continued)

Write a sentence using each adjective and noun listed below.

1. adjective: purple   noun: dress
   *Martha wears a purple dress.*

2. adjective: hot   noun: pancake

3. adjective: stinky   noun: rubbish

4. adjective: angry   noun: girl

5. adjective: tall   noun: giraffe

6. adjective: dry   noun: desert

7. adjective: bright   noun: sun

8. adjective: young   noun: cat
Day 3

Circle the adjectives in the sentences below. Underline the noun that is being described by each adjective.

1. The cold water flowed through the green field.

2. The sun was so bright that I had to wear my sunglasses.

3. The noisy students quieted down when the teacher walked into the room.

4. The frosty morning was just the start of the wet, chilly day.

5. The huge ship sailed in the blue ocean.

6. The brave fireman helped the scared cat get out of the tree.

7. The kind teacher greeted the students.

8. The rainy day seemed to last forever.

9. The scared dog hid in the corner.

10. The colourful flowers sit on the brown table.
Use the Word Bank below to write 5 sentences. Each sentence should have 1 adjective and 1 noun.

<table>
<thead>
<tr>
<th>Adjectives</th>
<th>Nouns</th>
</tr>
</thead>
<tbody>
<tr>
<td>juicy</td>
<td>dog</td>
</tr>
<tr>
<td>red</td>
<td>apple</td>
</tr>
<tr>
<td>small</td>
<td>cow</td>
</tr>
<tr>
<td>cold</td>
<td>snow</td>
</tr>
<tr>
<td>smooth</td>
<td>ball</td>
</tr>
<tr>
<td>silly</td>
<td>blanket</td>
</tr>
</tbody>
</table>

1. ____________________________________________________________

2. ____________________________________________________________

3. ____________________________________________________________

4. ____________________________________________________________

5. ____________________________________________________________
Read the text below. Then, complete the activity on the next page.

Materials:

Small plastic bottle  Vinegar  Baking soda  Funnel  Balloon  Tablespoon

Before you start, get all of your supplies. Wash out the bottle. Measure a tablespoon of vinegar. Carefully pour the vinegar into the bottle. Then, put the funnel tip into the balloon. Measure a tablespoon of baking soda. Pour the baking soda into the funnel so it goes into the balloon.

This next step is tricky. Stretch the balloon over the top of the bottle. Do not let any baking soda fall out of the balloon into the bottle. When you are ready, hold the balloon up and dump the baking soda in.

Shake the bottle. Watch what happens inside the bottle. What happens to the balloon?
Day 4 (continued)

Put the steps in each box in the correct order from 1 (first) to 4 (last).

_____ Get the supplies needed.
_____ Wash the plastic bottle.
_____ Pour vinegar into the bottle.
_____ Measure out the vinegar.

_____ Measure out the baking soda.
_____ Pour baking soda into the funnel.
_____ Put the funnel tip into the balloon.
_____ Stretch the balloon over the top of the bottle.

_____ Watch what happens to the balloon.
_____ Hold the balloon up to put the baking soda into the bottle.
_____ Watch what happens inside the bottle.
_____ Shake the bottle.
Think of 2 activities that you do that have an order, such as getting ready for school, brushing your teeth, or baking cookies. Write down the order of the steps you must follow below.

Activity name:_________________________________________________________________
1. _______________________________________________________________________
2. _______________________________________________________________________
3. _______________________________________________________________________
4. _______________________________________________________________________
5. _______________________________________________________________________
The heart is a very important organ. It pumps blood all through the body. Just like you can flex your arm muscles, the heart can flex, too. When the heart flexes, it pumps blood all through the body. First, half of the heart expands and fills with blood. Then, the other half of the heart contracts and gets smaller. This pushes the blood out of the heart.

Your heart rate is how fast your heart is beating. You can find your own heart rate. First, you need to find your pulse. Lightly pressing on the wrist is a good way to do this. If you find the right spot, you will feel a flutter like the beat of a tiny drum. Count the beats for 1 minute to find your heart rate.

The heart is a muscle. Just like your other muscles, it can get stronger. Exercises such as skipping and running make the heart beat faster and harder. A strong heart will stay healthy for life.
Use the information in the passage to fill in the blanks.

<table>
<thead>
<tr>
<th>Answer Bank</th>
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<tbody>
<tr>
<td>flutter</td>
</tr>
<tr>
<td>smaller</td>
</tr>
<tr>
<td>muscle</td>
</tr>
<tr>
<td>rate</td>
</tr>
<tr>
<td>organs</td>
</tr>
<tr>
<td>faster</td>
</tr>
<tr>
<td>pulse</td>
</tr>
<tr>
<td>fills</td>
</tr>
<tr>
<td>running</td>
</tr>
<tr>
<td>minute</td>
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1. When it expands, the heart _______________________________ with blood.

2. Heart _______________________________ is how fast the heart is beating.

3. 1 way to raise the heart rate is by _______________________________.

4. The heart is 1 of the body’s _______________________________.

5. Count beats for a _______________________________ to find your heart rate.

6. When you find a pulse, you will feel a _______________________________.

7. Making the heart beat _______________________________ makes it stronger.

8. The heart can get stronger because it is a _______________________________.

9. You can find your _______________________________ by pressing on one wrist.

10. When the heart contracts, it gets _______________________________.
Ideas and facts in a text are often connected in some way. Read the text below about making paper. Then, draw a line between 2 ideas from the text and the reason they are connected.

People first made paper many years ago in China. They used bits of a plant called hemp. They washed and soaked the hemp. Then, they beat the wet hemp with a wooden hammer. This made a watery mix called a slurry. They dipped a woven frame into the mix. The mix dried on the frame, becoming paper.

As time went on, people made some changes. They started adding other types of plants. They also made the woven frame smoother. Now it was easier to get the paper off.

The art of making paper spread. People in Korea and Japan began making paper. From there, the art spread to India.

Today, most paper is made in mills from wood. Still, it is made in much the same way that it was long ago. A watery plant mix is put on a frame. When it dries, the mix is paper!

<table>
<thead>
<tr>
<th>2 Ideas</th>
<th>Reason They are Connected</th>
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<tr>
<td>Wooden hammer is</td>
<td>• They both are used to make paper.</td>
</tr>
<tr>
<td>connected to paper.</td>
<td>• It is a tool that people in China used to make paper.</td>
</tr>
<tr>
<td>India is connected to</td>
<td>• People in these countries all make paper.</td>
</tr>
<tr>
<td>Korea, Japan, and China.</td>
<td></td>
</tr>
<tr>
<td>Hemp is connected to</td>
<td></td>
</tr>
<tr>
<td>mills.</td>
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